2003

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City Wide Aquatics Summer Aquatics Aquatics Brochure

"Learn to Swim"

San José, CA 95124-2033 408-371-2888 408-559-6674(fax)



Parks, Recreation and Neighborhood Services

www.ci.san-jose.ca.us/prns/rcsaquatics

Pool Locations

Map Pool Min. 1. BIEBRACH*	Height 42"	Location 520 West Virginia Street	Phone** 998-3046
2. BRET HARTE	42"	7050 Bret Harte Drive	TBA
3. CAMDEN* .	42"	3369 Union Avenue	369-6441
4. DEL MAR H.S.	42"	1224 Del Mar Avenue	977-1469
5. FAIR*	36"	1350 Bacchus Drive	282-1663
6. MAYFAIR*	42"	2039 Kammerer Avenue	926-1575
7. PIONEER H.S.	48"	1290 Blossom Hill Road	TBA
8. RYLAND*	36"	400 North First Street	277-4160
9. SAN JOSE H.S.	48"	275 North 24th Street	294-2683

^{*} A Facility of the City of San José

East Side Union High School District Pools

The following pools are co-sponsored and operate through a subsidy provided by the City of San Jose. Please call the East Side Union High School District office (408) 347-7561 for more information on the following pools.

Map Pool	Location	Phone**
A. JAMES LICK HIGH H.S.	57 North White Road	347-4523
B. MT. PLEASANT H.S.	1750 White Road	937-2914
C. OVERFELT H.S.	1835 Cunningham Avenue	347-6157
D. PIEDMONT HILLS H.S.	1377 Piedmont Road	347-3964
E. SANTA TERESA H.S.	6150 Snell Road	347-6307
F. SILVER CREEK H.S.	3434 Silver Creek Road	347-5782
G. YERBA BUENA H.S.	1855 Lucretia Avenue	347-4780

^{**} Pool telephones will **begin** service at all pools Monday, June 16, 2003

^{**} Pool telephones will **begin** service at all pools Thursday, **June 19, 2003**. Phones will only be in operation during regular program hours.

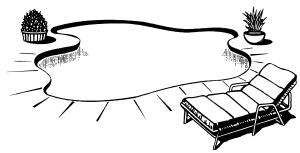
2003 Pool Closures

There are several pools that will not open this summer swim season. Please see the list of closed pools below. We apologize for any inconveniences and will make every effort to ensure that your aquatic programming needs are met this summer.

Alviso Pool: Alviso is closed this year due to repairs needed to ensure your safety. Alviso is expected to be open for the 2004 Swim Season. Please contact the City of Milpitas at (408)586-3210 or the City of Santa Clara at (408)615-2260 for pools in this area or contact the City Wide Aquatics office (408)371- 2888 for other San Jose alternatives.

Leigh Pool: Leigh pool is closed due to construction on the pool equipment. It is expected that Leigh will be open for the 2004 Swim Season. Please see schedules for Bret Harte, Camden, Del Mar, and Pioneer for alternative locations.

Lynbrook Pool: Lynbrook is not open this season due to the costs associated with the use of the facility. Contact the City Wide Aquatics Office for alternative locations



Leland Pool: Leland is not open this season due to construction at the site. It is expected that this pool will be open for the 2004 Swim Season. Please see the schedules for Bret Harte, Camden, Del Mar, or Pioneer for alternative locations.

Steinbeck Pool: This site is unavailable due to contruction at the site. It is expected that this pool will be open for the 2004 Swim Season. Please see the Schedule for Bret Harte, Camden, Del Mar, or Pioneer for alternative locations.

Willow Glen Middle: This site is not available due to their summer school program which will limit access to the swimming pool each day. It is expected that this pool will be open for the 2004 Swim Season. Please see the Schedule for Bret Harte, Camden, Del Mar, or Pioneer for alternative locations.

Program Descriptions



Swim Lessons

In partnership with the American Red Cross, the City of San Jose is pleased to offer American Red Cross Certified "Learn to Swim" courses.

Students must meet the minimum height requirement for Levels I - III

Pools and lesson schedules listed on pages 6-19

- Adult/Child Participation Class Designed to let children under the height requirement (6 months to 7 years of age) have fun in the water while developing swimming readiness. Course content will include Levels I III as skills progress. All children must be accompanied by an adult in the water.
- •Tot Class- Level I (Water Exploration)skills will be taught to those ages 3 to 5 who don't meet the height requirment.
- Level I: Water Exploration Water introduction emphasizing basic floating and skills which can be built on as they progress (i.e. water adjustment, submerging face, supported floating, & kicking).
- Level II: Primary Skills A class designed for students who are adjusted to the water and can perform water movement skills including arm movement and leg kicks. Among other skills, students will practice unsupported floating, flutter kicking, turning over and the combined stroke. Students must be able to perform Level I skills: float relaxed 10 seconds (front/back), glide 10 feet (front/back).
- Level III: Stroke Readiness Introduction of basic swim strokes. Students will practice coordinating the components of the front and back crawl. The fundamentals of the elementary backstroke and treading water will also be reviewed. Students will also be introduced to deep water. Students must be able to perform Level II skills: combined stroke on front and back, turning over back to front and front to back.
- Level IV: Stroke Development This class emphasizes reinforcement of the basic swim strokes with an emphasis on confidence and competency in Level III skills. Students should also feel comfortable in deep water. Students will build endurance by swimming elementary backstroke, front crawl and back crawl at increased distances. Students will also learn the basics of breast stroke, side stroke, and turning at the wall.

- Level V: Stroke Refinement Students will work on the coordination, endurance and refinement of the key strokes presented in Level IV. The basic rules of diving will also be reviewed. New skills to be introduced: feet first surface diving, dolphin kick and underwater swimming.
- Level VI: Skill Proficiency Students will polish the strokes presented in previous Levels and swim strokes with greater ease, efficiency, power and smoothness over greater distances. New skills to be introduced: the pike surface dive, tuck surface dive and additional turns.
- Level VII: Advanced Skills Students will begin to work on competitive swimming skills including diving off blocks and timed continuous swim. Students will also be introduced to basic lifeguarding skills.
- See the pool of your choice for Swim Lesson times and fees as pool programs will vary.

Inclusion - please see page 20 for our statement on inclusion.

- Classes will consist of nine 30-minute lessons. Lessons begin on the first Tuesday and end on the second Friday. Due to the Fourth of July Holiday, the second session will begin on the first Monday and end the second Friday.
- If participants do not meet the minimum height requirement for Levels I III, they must be enrolled in the Adult / Child Participation class. See pool list on page 3 for the height requirement of each pool.
- We strive for a 6:1 student to instructor ratio; however, we reserve the right to cancel or combine classes based on enrollment.

Program Descriptions (cont'd)

Recreational Swim

Recreational Swim is an unstructured, yet wellsupervised, opportunity to use the pool for fun. It is a great time to practice skills learned in swim lessons, or to take time to relax and enjoy the sun.



Speciality Classes

- **Spring Board Diving** Introduction to basic diving techniques and preliminary competitive diving.
- Adult Water Exercise A stimulating exercise program using water resistance to tone the body and improve cardiovascular fitness. This class is limited to adults 18 years and over.
- Adult Swim Lessons Open to adults ages 18 years and over at all skill levels.
- Junior Lifeguarding For those returning swimmers who are looking for something new, try Junior Lifeguarding. Designed to prepare students for Lifeguard training. This class will teach you how to perform a rescue safely, use a backboard, and activate an Emergency Action Plan. Students must have passed Swim Level IV (Stroke Development), or higher, in order to enroll. Volunteer opportunities may be available after completion of this course.
- Competitive Swimming For those swimmers who are looking for a new challenge, this class will help students refine stroke technique and build endurance through coached workouts.

Recreational Swim Details

- **Times and Fees** See the listing for the pool of your choice as pool programs will vary. pgs 7-11
- **Height requirements** Participants must meet the minimum height requirement or be accompanied by an adult. See pool location list on page 5 for the minimum height requirement of each pool.
- Swim Passes good for 20 visits may be purchased at the pool you wish to attend. The use of your swim pass is limited to the pools within the same price category. Swim Passes may be used for families, friends and groups. Passes are valid from June through September 2003.
- **Groups** of 8 or more **must** notify the pool you wish to attend at least 24 hours in advance of your visit. Group packets are available. Please call (408) 371-2888 to have a packet mailed to you.
- Flotation devices, inflatables, water wings or cutoffs are not allowed; Coast Guard approved vests only.
- Rules All swimmers are responsible for knowing and following pool rules located at the entrance area of each facility. If swimmers do not fo;;ow rules, disciplinary actions will be followed.
- Closures Recreation swim will be held if a substantial number of patrons stay in the pool. However, if there are only a few pool users or if there is inclement weather, the Pool Manager reserves the right to close the facility early.
- 4th of July Only city pools (Biebrach, Camden, Mayfair and Ryland) will be open for the holiday on Friday, July 4. Other pools will be closed for the holiday.

Free Family Evening Swim

Turn off the TV, grab some grub, and enjoy a fun and leisurely evening at the pool. All youth must be accompanied by a parent or guardian. Open from 5:00pm until 7:30pm at selected pools. This program runs from July 1 to August 21, 2003.

Free Late Night Swim for Teens

This is a special time for teens ages 13 - 18 to swim at selected pools throughout the city of San José. Many programs also have gymnasiums open at the same time for the active teen to swim and play basketball or other sporting activities. Families are welcome to attend. Those teens using the pools must meet the pool's minimum height requirement. Open from 7:30pm until 9:00pm at selected pools. This program runs from July 4, 2003 to August 22, 2003.

Biebrach Pool

520 W. Virginia St. (408) 998-3046

Nick-named the Commuitys' Pool, Biebrach offers morning swim lessons taught by the skilled staff with exciting recreational swim hours. Games and races for children are provided weekly. The minimum height requirement for this pool is 42". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: Classes: \$23 – 1st Child, \$18–Any additional Children, Junior Lifeguarding - \$46 Recreational Swim: \$1.00 per person or \$14 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III Class descriptions listed on pages 5-6 Class Time 6/30-7/11 7/15-7/25 7/28-8/8 8/12-8/22 *Tot* 10:30-11:00 AM 8021.081 8022.081 8023.081 8024.081 11:40am-12:10 PM 8021.083 8023.083 8024.083 8022.083 Adult/Child (ACP) 8022.092 8023.092 8024.092 11:05-11:35 AM 8021.092 Level I 10:30-11:00 AM 8022.011 8024.011 8021.011 8023.011 Water Exploration 11:05-11:35 AM 8021.012 8022.012 8023.012 8024.012 11:40PM-12:10 PM 8021.013 8022.013 8024.013 8023.013 Level II 10:30-11:00 AM 8021.021 8022.021 8023.021 8024.021 Primary Skills 11:05-11:35 AM 8021.022 8022.022 8023.022 8024.022 11:40am-12:10 PM 8021.023 8023.023 8024.023 8022.023 Level III 10:30-11:00 AM 8021.031 8022.031 8023.031 8024.031 Stroke Readiness 11:05-11:35 AM 8021.032 8022.032 8023.032 8024.032 11:40AM-12:10 PM 8021.033 8022.033 8023.033 8024.033 8023.041 Level IV 8022.041 8024.041 10:30-11:00 AM 8021.041 **StrokeDevelopment** 11:05-11:35 AM 8022.042 8023.042 8024.042 8021.042 11:40AM-12:10 PM 8021.043 8022.043 8023.043 8024.043 Level V 10:30-11:00 AM 8021.051 8022.051 8023.051 8024.051 Stroke Refinement 11:05-11:35 AM 8021.052 8023.052 8024.052 11:40AM-12:10 PM 8021.053 8023.053 8024.053 Junior Lifeguarding 11:05AM-12:10 PM 8022.114



Free Family Evening Swim on Tuesdays from 5:00 – 7:30 PM



Recreational Swim - Monday through Sunday, from 1:00 - 4:00 PM

Bret Harte Pool

7050 Bret Harte Drive (408)219-4253

Located in the heart of the Almaden Valley, this facility continues to be popular with the community. The minimum height requirement for this pool is 42". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: Classes: \$33 – 1st Child, \$28–Any additional Children, Comp. Swim - \$66,

Junior Lifeguarding - \$66

Recreational Swim: \$1.25 per person or \$18 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III						
	Class descriptions l					
Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22	
Tot	4:30-5:00 PM	8131.081	8132.081	8133.081	8134.081	
	5:05-5:35 PM	8131.082	8132.082	8133.082	8134.082	
Adult/Child (ACP)	5:40-6:10 PM	8131.093	8132.093	8133.093	8134.093	
Level I	12:00-12:30 PM	8131.015	8132.015	8133.015	8134.015	
Water Exploration	12:35-1:05 PM	8131.016	8132.016	8133.016	8134.016	
	4:30-5:00 PM	8131.011	8132.011	8133.011	8134.011	
	5:05-5:35 PM	8131.012	8132.012	8133.012	8134.012	
	6:15-6:45 PM	8131.014	8132.014	8133.014	8134.014	
Level II	12:00-12:30 PM	8131.025	8132.025	8133.025	8134.025	
Primary Skills	12:35-1:05 PM	8131.026	8132.026	8133.026	8134.026	
	4:30-5:00 PM	8131.021	8132.021	8133.021	8134.021	
	5:40-6:10 PM	8131.023	8132.023	8133.023	8134.023	
	6:15-6:45 PM	8131.024	8132.024	8133.024	8134.024	
Level III	12:00-12:30 PM	8131.035	8132.035	8133.035	8134.035	
Stroke Readiness	12:35-1:05 PM	8131.036	8132.036	8133.036	8134.036	
	4:30-5:00 PM	8131.031	8132.031	8133.031	8134.031	
	5:40-6:10 PM	8131.033	8132.033	8133.033	8134.033	
	6:15-6:45 PM	8131.034	8132.034	8133.034	8134.034	
Level IV	12:35-1:05 PM	8131.046	8132.046	8133.046	8134.046	
Stroke Development	4:30-5:00 PM	8131.041	8132.041	8133.041	8134.041	
	5:05-5:35 PM	8131.042	8132.042	8133.042	8134.042	
	5:40-6:10 PM	8131.043	8132.043	8133.043	8134.043	
	6:15-6:45 PM	8131.044	8132.044	8133.044	8134.044	
Level V	4:30-5:00 PM	8131.051		8133.051	8134.051	
Stroke Refinement	5:05-5:35 PM	8131.052	8132.052	8133.052	8134.052	
	6:15-6:45 PM	8131.054	8132.054	8133.054	8134.054	
Level VI Skill Prof.	5:05-5:35 PM	8131.062		8133.062	8134.062	
Junior Lifeguarding	4:30-5:35 PM		8132.115			
Competitive Swim	5:40-6:45 PM	8131.126	8132.126	8133.126	8134.126	
Adult Swim Lessons	6:15-6:45 PM	8131.134	8132.134	8133.134	8134.134	



Recreational Swim - Monday through Friday, from 1:15 - 3:45 PM



Free Friday Late Night Swim for Teens -Friday 7:30 -9:00 PM

Camden Pool

3369 Union Ave. (408) 369-6441

Located within the Camden Community Center complex, the Camden pool is currently one of two public pools in San Jose. The minimum height requirement for this pool is 42". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: \$33 – 1st Child, \$28–Any additional Children, Comp. Swim - \$66,

Junior Lifeguarding - \$66

Recreational Swim: \$1.25 per person or \$18 – 20 visits

${f Swim\ Lessons}$ Students must meet the minimum height requirement for Levels I - III

Class descriptions listed on pages 5-6

Class Tot	Time 4:00-4:30 PM 4:35-5:05 PM	6/30-7/11 8031.086 8031.087	7/15-7/25 8032.086 8032.087	7/28-8/8 8033.086 8033.087	8/12-8/22 8034.086 8034.087
Adult/Child (ACP)	5:10-5:40 PM	8031.098	8032.098	8033.098	8034.098
Level I Water Exploration	4:00-4:30 PM 4:35-5:05 PM 5:10-5:40 PM	8031.016 8031.017 8031.018	8032.016 8032.017 8032.018	8033.016 8033.017 8033.018	8034.016 8034.017 8034.018
Level II Primary Skills	4:00-4:30 PM 4:35-5:05 PM 5:45-6:15 PM 6:20-6:50 PM	8031.025 8031.026 8031.028 8031.029	8032.025 8032.026 8032.028 8032.029	8033.025 8033.026 8033.028 8033.029	8034.025 8034.026 8034.028 8034.029
Level III Stroke Readiness	4:00-4:30 PM 4:35-5:05 PM 5:10-5:40 PM 5:45-6:15 PM 6:20-6:50 PM	8031.035 8031.036 8031.037 8031.038 8031.039	8032.035 8032.036 8032.037 8032.038 8032.039	8033.035 8033.036 8033.037 8033.038 8033.039	8034.035 8034.036 8034.037 8034.038 8034.039
Level IV Stroke Readiness	4:00-4:30 PM 4:35-5:05 PM 5:10-5:40 PM 5:45-6:15 PM 6:20-6:50 PM	8031.045 8031.046 8031.047 8031.048 8031.049	8032.045 8032.046 8032.047 8032.048 8032.049	8033.045 8033.046 8033.047 8033.048 8033.049	8034.045 8034.046 8034.047 8034.048 8034.049

Camden Pool cont.

Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22
Level V	4:35-5:05 PM	8031.056	8032.056	8033.056	8034.056
Stroke Refinement	5:10-5:40 PM	8031.057	8032.057	8033.057	8034.057
Level VI- Skill Prof	5:10-5:40 PM	8031.067	8032.067	8033.067	8034.067
Level VII - Adv Skills	5:10-5:40 PM	8031.077	8032.077	8033.077	8034.077
Adult Swim	6:20-6:50 PM	8031.139	8032.139	8033.139	8034.139
Diving	4:35-5:05 PM	8031.106	8032.106	8033.106	8034.106
	5:10-515 PM	8031.107	8032.107	8033.107	8034.107
Competitive Swimming	5:45-6:40 PM	8031.128	8032.128	8033.128	8034.128
Jr. Lifeguarding	4:35-5:40 PM		8032.110	8033.110	
Adult Water Exercise	5:45-6:15 PM	8031.148	8032.148	8033.148	8034.148



Recreational Swim-Monday through Friday, from 1:15 – 3:45 PM and on Saturday and Sunday, from 1:00 – 4:00 PM



Adult Lap Swim Summer Hours (June 30-Aug 22)

• MONDAY - FRIDAY: 7:00 am - 9:00 am (M/W/F) 7:00 am - 11:30 am(Tu/Th)

11:30 am - 1:00 pm

7:00 pm - 8:45 pm

• SATURDAY:* 8:45 am - 10:45 am

(Year-round hours will resume after Aug 22)

Drop-in Price per visit:

Adults Senior/Disabled

\$3.00 \$2.00

10 visit Pass

\$18.00 \$15

Prices will increase after July 1, 2003 Please call (408)559-8553 for more information

Camden Construction

Camden Community Center will be under renovation during the 2003 Summer Swim Season. There will be changes in parking and access routes to the pool. Please be aware of the construction this summer and arrange for extra time to arrive on site and walk to the pool area. We apologize for any inconvenience in advance.

Del Mar High Pool

1224 Del Mar Ave. (408) 997-1469

The Del Mar pool is located off Bascom Ave. on the corner of Stokes Ave. and Del Mar Ave. The facility includes one racing pool 3.5' deep and one diving pool. The minimum height requirement for this pool is 42". Participant must meet the minimum height requirement or be accompanied by an adult.

FEES: Classes \$33 – 1st Child, \$28–Any additional Children, Comp. Swim - \$66, Junior Lifeguarding - \$66

Recreational Swim: \$1.25 per person or \$18 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III						
	Class descriptions	listed on pag	es 5-6			
Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22	
Tot	11:35 AM-12:05 PM	8041.081	8042.081	8043.081	8044.081	
Adult/Child (ACP)	12:10-12:40 PM	8041.092	8042.092	8043.092	8044.092	
Level I	11:00 AM-12:00 PM	8041.014	8042.014	8043.014	8044.014	
Water Exploration	11:35 PM-12:05 PM	8041.011	8042.011	8043.011	8044.011	
	12:10-12:40 PM	8041.012	8042.012	8043.012	8044.012	
	3:45-4:15 PM	8041.015	8042.015	8043.015	8044.015	
	4:20-4:50 PM	8041.016	8042.016	8043.016	8044.016	
	4:55-5:25 PM	8041.017	8042.017	8043.017	8044.017	
Level II	11:00 AM-12:00 PM	8041.024	8042.024	8043.024	8044.024	
Primary Skills	11:35 AM-12:05 PM	8041.021	8042.021	8043.021	8044.021	
	12:10-12:40 PM	8041.022	8042.022	8043.022	8044.022	
	3:45-4:15 PM	8041.025	8042.025	8043.025	8044.025	
	4:20-4:50 PM	8041.026	8042.026	8043.026	8044.026	
	4:55-5:25 PM	8041.027	8042.027	8043.027	8044.027	
Level III	11:00 PM-12:00 PM	8041.034	8042.034	8043.034	8044.034	
Stroke Readiness	11:35 AM-12:05 PM	8041.031	8042.031	8043.031	8044.031	
	12:10-12:40 PM	8041.032	8042.032	8043.032	8044.032	
	3:45-4:15 PM	8041.035	8042.035	8043.035	8044.035	
	4:20-4:50 PM	8041.036	8042.036	8043.036	8044.036	
Level IV	11:00 AM-12:00 PM	8041.044	8042.044	8043.044	8044.044	
Stroke Deve.	11:35 AM-12:05 PM	8041.041	8042.041	8043.041	8044.041	
	12:10-12:40 PM	8041.042	8042.042	8043.042	8044.042	
	4:55-5:25 PM	8041.047	8042.047	8043.047	8044.047	
Level V	11:35 AM-12:05 PM	8041.051	8042.051	8043.051	8044.051	
Stroke Refinement	12:10-12:40 PM	8041.052	8042.052	8043.052	8044.052	
	3:45-4:15 PM	8041.055	8042.055	8043.055	8044.055	
	4:20-4:50 PM	8041.056	8042.056	8043.056	8044.056	
Level VI-Skl Prof	4:55-5:25 PM	8041.067	8042.067	8043.067	8044.067	
Level VII-Adv Skl	11:00am-12:00 PM	8041.074	8042.074	8043.074	8044.074	
Diving	3:45-4:15 PM	8041.105	8042.105	8043.105	8044.105	



Free Friday Late Night Swim for Teens - Friday 7:30 - 9:00 PM



Recreational Swim - Monday through Friday, from 1:15 – 3:30 PM

Fair Swim Center

1350 Bacchus Drive

City Wide Aquatics is truly excited about the new Fair Swim Center. Located off McLaughlin Avenue between Story and Tully Road. This will be the first state of the art swim center opened by the City of San Jose in over 30 years!

Fair Swim Center occupies a 3 acre site and includes a children's/toddler pool with a water mushroom, lemon drop bubblers, and squirters, a family pool with a water slide, swim lesson or warm up area, aqua ducks, a lap pool with 6 lanes and 1 meter diving board, an enclosed children's play area, a separate and reservable picnic area for groups or special events, and a separate play area (located just outside of the facility) for neighborhood children to utilize.

FEES: \$33 – 1st Child, \$28–Any additional Children, Comp. Swim - \$66, Junior Lifeguarding - \$66 Recreational Swim: \$1.25 per person or \$18 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III

Class descriptions listed on pages 5-6

Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22
Tot	4:15-4:45 PM	8141.081	8142.081	8143.081	8144.081
	4:50-5:20 PM	8141.082	8142.082	8143.082	8144.082
Adult/Child (ACP)	4:15-4:45 PM	8141.091	8142.091	8143.091	8144.091
	4:50-5:20 PM	8141.092	8142.092	8143.092	8144.092
Level I	4:15-4:45 PM	8141.011	8142.011	8143.011	8144.011
Water Exploration	4:50-5:20 PM	8141.012	8142.012	8143.012	8144.012
	5:25-5:55 PM	8141.013	8142.013	8143.013	8144.013
	6:00-6:30 PM	8141.014	8142.014	8143.014	8144.014
	6:35-7:05 PM	8141.015	8142.015	8143.015	8144.015
Level II	4:15-4:45PM	8141.021	8142.021	8143.021	8144.021
Primary Skills	4:50-5:20PM	8141.022	8142.022	8143.022	8144.022
	5:25-5:55 PM	8141.023	8142.023	8143.023	8144.023
	6:00-6:30 PM	8141.024	8142.024	8143.024	8144.024
	6:35-7:05 PM	8141.025	8142.025	8143.025	8144.025
Level III	4:15-4:45 PM	8141.031	8142.031	8143.031	8144.031
Stroke Readiness	4:50-5:20 PM	8141.032	8142.032	8143.032	8144.032
	5:25-5:55 PM	8141.033	8142.033	8143.033	8144.033

Fair Swim Center(cont.)

	6:00-6:30 PM	8141.034	8142.034	8143.034	8144.034
	6:35-7:05 PM	8141.035	8142.035	8143.035	8144.035
Level IV	4:15-4:45 PM	8141.041	8142.041	8143.041	8144.041
Stroke Development	4:50-5:20 PM	8141.042	8142.042	8143.042	8144.042
1	5:25-5:55 PM	8141.043	8142.043	8143.043	8144.043
	6:00-6:30 PM	8141.044	8142.044	8143.044	8144.044
	6:35-7:05 PM	8141.045	8142.045	8143.045	8144.045
Level V	5:25-5:55 PM	8141.053	8142.053	8143.053	8144.053
Stroke Refinement	6:00-6:30 PM	8141.054	8142.054	8143.054	8144.054
Level VI- Skl Prof.	6:00-6:30 PM	8141.064	8142.064	8143.064	8144.064
Level VI Skillog.	6:35-7:05 PM	8141.065	8142.065	8143.065	8144.065
Level VII- Adv Skl.	6:35-7:05 PM	8141.075	8142.075	8143.075	8144.075
Diving	4:15-4:45 PM	8141.101	8142.101	8143.101	8144.101
Diving	4:50-5:20 PM	8141.102	8142.102	8143.102	8144.102
Adult Swim Lessons	5:25-5:55 PM	8141.133	8142.133	8143.133	8144.133
Adult Swim Lessons	6:00-6:30 PM	8141.134	8142.134	8143.134	8144.134
	6:35-7:05 PM	8141.135	8142.135	8143.135	8144.135
	0.55-7.05 F W	0141.133	0142.133	0143.133	0144.133
Junior Lifeguarding	6:00-7:05 PM		8142.114		
Adult Water Exercise	6:00-6:30 PM	8141.144	8142.144	8143.144	8144.144
	6:35-7:05 PM	8141.145	8142.145	8143.145	8144.145



Recreational Swim - Monday through Friday, from 11:30 PM - 4:00 PM Saturday and Sunday 1:00 PM - 4:00 PM



Free Friday Late Night Swim for Teens - Friday 7:30 - 9:00 PM



Free Family Evening Swim on Tuesdays from 5:00 – 7:30 PM

Mayfair Pool

2039 Kammerer Ave. (408) 926-1575

Located between San Antonio St. and Sunset Ave., Mayfair is one of fsix city-owned pools. Mayfair pool has depths ranging from 3' to 5'. The minimum height requirement for this pool is 42". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: Classes: \$23 – 1st Child, \$18–Any additional Children, Junior Lifeguarding - \$66 Recreational Swim: \$1.00 per person or \$14 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III Class descriptions listed on pages 5-6 Class Time 6/18-6/28 7/1-7/12 7/16-7/26 7/30-8/9 11:05-11:35 am 8071.082 8072.082 8073.082 8074.082 Tot 11:40am-12:10 pm 8071.083 8072.083 8073.083 8074.083 Adult/Child (ACP) 11:05-11:35 am 8071.092 8072.092 8073.092 8074.092 11:40 am-12:10 pm 8071.093 8072.093 8073.093 8074.093 Level I 10:30-11:00 am 8072.011 8073.011 8074.011 8071.011 Water Exploration 11:40 am-12:40 pm 8071.013 8072.013 8073.013 8074.013 10:30-11:00 am 8071.021 8072.021 8073.021 8074.021 Level II Primary Skills 11:05-11:35 am 8071.022 8072.022 8073.022 8074.022 11:40 am-12:40 pm 8071.023 8072.023 8073.023 8074.023 Level III 10:30-11:00 am 8071.031 8072.031 8073.031 8074.031 Stroke Readiness 11:05-11:35 am 8071.032 8072.032 8073.032 8074.032 11:40 am-12:40 pm 8071.033 8072.033 8073.033 8074.033 Level IV 10:30-11:00 am 8071.041 8072.041 8073.041 8074.041 Stroke Development 11:05-11:35 am 8071.042 8072.042 8073.042 8074.042 11:40am-12:40pm 8071.043 8072.043 8073.043 8074.043 Level V- Strk Refine. 10:30-11:00 am 8071.051 8072.051 8073.051 8074.051 Junior Lifeguarding 11:05-12:10 am 8072.114



Free Family Evening Swim on Wednesdays from 5:00 - 7:30 PM



Recreational Swim - Mon through Sunday, from 1:00 - 4:00 PM

Pioneer High Pool

1290 Blossom Hill Rd. Call (408)371-288 for Phone Number

Home of the Mustangs, the Pioneer High School pool is a popular neighborhood swim spot. The minimum height requirement for this pool is 48". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: \$33 – 1st Child, \$28–Any additional Children, Comp. Swim - \$66, Junior Lifeguarding - \$66 Recreational Swim: \$1.25 per person or \$18 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III

Class descriptions listed on pages 5-6

Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22
Tot	5:05-5:35 pm	8081.082	8082.082	8083.082	8084.082
	5:40-6:10 pm	8081.083	8082.083	8083.083	8084.083
Adult/Child (ACP)	4:30-5:00 pm	8081.091	8082.091	8083.091	8084.091
	5:05-5:35 pm	8081.092	8082.092	8083.092	8084.092
Level I	12:00-12:30pm	8081.015	8082.015	8083.015	8084.015
Water Exploration	12:35-1:05pm	8081.016	8082.016	8083.016	8084.016
	4:30-5:00 pm	8081.011	8082.011	8083.011	8084.011
	5:40-6:10 pm	8081.013	8082.013	8083.013	8084.013
	6:15-6:45 pm	8081.014	8082.014	8083.014	8084.014
Level II	12:00-12:30pm	8081.025	8082.025	8083.025	8084.025
Primary Skills	12:35-1:05pm	8081.026	8082.026	8083.026	8084.026
	4:30-5:00 pm	8081.021	8082.021	8083.021	8084.021
	5:05-5:35 pm	8081.022	8082.022	8083.022	8084.022
	6:15-6:45 pm	8081.024	8082.024	8083.024	8084.024
Level III	12:00-12:30pm	8081.035	8082.035	8083.035	8084.035
Stroke Readiness	12:35-1:05pm	8081.036	8082.036	8083.036	8084.036
	4:30-5:00 pm	8081.031	8082.031	8083.031	8084.031
	5:05-5:35 pm	8081.032	8082.032	8083.032	8084.032
	5:40-6:10 pm	8081.033	8082.033	8083.033	8084.033
	6:15-6:45 pm	8081.034	8082.034	8083.034	8084.034
Level IV	12:00-12:30pm	8081.045	8082.045	8083.045	8084.045
Stroke Development	4:30-5:00 pm	8081.041	8082.041	8083.041	8084.041
	5:05-5:35 pm	8081.042	8082.042	8083.042	8084.042
	5:40-6:10 pm	8081.043	8082.043	8083.043	8084.043
	6:15-6:45 pm	8081.044	8082.044	8083.044	8084.044
Level V	12:35-1:05pm	8081.056	8082.056	8083.056	8084.056
Stroke Refinement	5:05-5:35 pm	8081.052	8082.052	8083.052	8084.052
	5:40-6:10 pm	8081.053	8082.053	8083.053	8084.053
	6:15-6:45 pm	8081.054	8082.054	8083.054	8084.054
Level VI- Skl Prof.	5:40-6:10 pm	8081.063	8082.063	8083.063	8084.063
Level VII- Adv Skl.	5:40-6:10 pm	8081.073	8082.073	8083.073	8084.073
Diving	4:30-5:00 pm	8081.101	8082.101	8083.101	8084.101
Competitive Swim	4:30-5:35 pm	8081.121	8082.121	8083.121	8084.121
Adult Swim Lessons	6:15-6:45 pm	8081.134	8082.134	8083.134	8084.134
Junior Lifeguarding	5:40-6:45 pm		8082.115		



Ryland Pool

400 No. First St. (408) 277-4160

Located near the first railroad depot in San Jose, Ryland is a large round pool with depths from 28" to 5' deep. Also, a unique 8" deep pool is available for toddlers. You may access Ryland pool from Hwy 87 NORTH, taking a right on Taylor St. and a right on San Pedro. The minimum height requirement for this pool is 36". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: Classes: \$23 – 1st Child, \$18–Any additional Children, Junior Lifeguarding - \$46 Recreational Swim: \$1.00 per person or \$14 - 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III Class descriptions listed on pages 5-6

Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22
Tot	10:35-11:05 PM	8091.082	8092.082	8093.082	8094.082
Adult/Child (ACP)	10:00-10:30 PM	8091.091	8092.091	8093.091	8094.091
	11:10-11:40 PM	8091.093	8092.093	8093.093	8094.093
Level I	10:00-10:30 AM	8091.011	8092.011	8093.011	8094.011
Water Exploration	11:10-11:40 AM	8091.013	8092.013	8093.013	8094.013
	2:45-3:15 PM	8091.014	8092.014	8093.014	8094.014
	3:20-3:50 PM	8091.015	8092.015	8093.015	8094.015
Level II	10:00-10:30 AM	8091.021	8092.021	8093.021	8094.021
Primary Skills	10:35-11:05 AM	8091.022	8092.022	8093.022	8094.022
	11:10-11:40 AM	8091.023	8092.023	8093.023	8094.023
	2:45-3:15 PM	8091.024	8092.024	8093.024	8094.024
	3:20-3:50 PM	8091.025	8092.025	8093.025	8094.025
Level III	10:00-10:30 AM	8091.031	8092.031	8093.031	8094.031
Stroke Readiness	10:35-11:05 AM	8091.032	8092.032	8093.032	8094.032
	11:10-11:40 AM	8091.033	8092.033	8093.033	8094.033
	2:45-3:15 PM	8091.034	8092.034	8093.034	8094.034
	3:20-3:50 PM	8091.035	8092.035	8093.035	8094.035
Level IV	10:00-10:30 AM	8091.041	8092.041	8093.041	8094.041
Stroke Development	10:35-11:05 AM	8091.042	8092.042	8093.042	8094.042
	2:45-3:15 PM	8091.044	8092.044	8093.044	8094.044
	3:20-3:50 PM	8091.045	8092.045	8093.045	8094.045
Level V	10:00-10:30 AM	8091.051	8092.051	8093.051	8094.051
Stroke Refinement	10:35-11:05 AM	8091.052	8092.052	8093.052	8094.052
	11:10-11:40 AM	8091.053	8092.053	8093.053	8094.053
	2:45-3:15 PM	8091.054	8092.054	8093.054	8094.054
	3:20-3:50 PM	8091.055	8092.055	8093.055	8094.055
Adult Swim Lessons	3:20-3:50 PM	8091.135	8092.135	8093.135	8094.135
Junior Lifeguarding	10:35-11:40 AM		8092.116		
Adult Water Exerc.	11:10-11:40 AM	8091.143	8092.143	8093.143	8094.143



Free Family Evening Swim on Thursdays from 5:00 – 7:30 PM



 $Recreational\ Swim$ - Mon through Friday from 12:30 – 2:30 p.m. and

Saturday & Sunday from 12:30 - 2:30 PM

San Jose Academy Pool

275 No. 24th St. (408) 294-2683

Located on the San Jose Acadeny campus, the pool is situated on the north side of Julian St/McKee Rd. in the downtown San Jose area. One of San Jose's most popular swim spots, you will need to come early and swim often! The minimum height requirement for this pool is 48". Participants must meet the minimum height requirement or be accompanied by an adult.

FEES: Classes: \$23 – 1st Child, \$18–Any additional Children, Junior Lifequarding - \$46 Recreational Swim: \$1.00 per person or \$14 – 20 visits

Swim Lessons Students must meet the minimum height requirement for Levels I - III

Class descriptions listed on pages 5-6

Class	Time	6/30-7/11	7/15-7/25	7/28-8/8	8/12-8/22
Tot	5:35-6:05 PM	8101.082	8102.082	8103.082	8104.082
	6:10-6:40 PM	8101.083	8102.083	8103.083	8104.083
Adult/Child (ACP)	5:35-6:05 PM	8101.092	8102.092	8103.092	8104.092
	6:10-6:40 PM	8101.093	8102.093	8103.093	8104.093
	6:45-7:15 PM	8101.094	8102.094	8103.094	8104.094
Level I	5:00-5:30 PM	8101.011	8102.011	8103.011	8104.011
Water Exploration	6:10-6:40 PM	8101.013	8102.013	8103.013	8104.013
	6:45-7:15 PM	8101.014	8102.014	8103.014	8104.014
Level II	5:00-5:30 PM	8101.021	8102.021	8103.021	8104.021
Primary Skills	5:35-6:05 PM	8101.022	8102.022	8103.022	8104.022
	6:45-7:15 PM	8101.024	8102.024	8103.024	8104.024
Level III	5:00-5:30 PM	8101.031	8102.031	8103.031	8104.031
Stroke Readiness	5:35-6:05 PM	8101.032	8102.032	8103.032	8104.032
	6:10-6:40 PM	8101.033	8102.033	8103.033	8104.033
	6:45-7:15 PM	8101.034	8102.034	8103.034	8104.034
Level IV	5:00-5:30 PM	8101.041	8102.041	8103.041	8104.041
Stroke Development	5:35-6:05 PM	8101.042	8102.042	8103.042	8104.042
	6:10-6:40 PM	8101.043	8102.043	8103.043	8104.043
	6:45-7:15 PM	8101.044	8102.044	8103.044	8104.044
Level V	5:00-5:30 PM	8101.051	8102.051	8103.051	8104.051
Stroke Refinement	5:35-6:05 PM	8101.052	8102.052	8103.052	8104.052
Level VI- Skl Prof.	5:00-5:30 PM	8101.061	8102.061	8103.061	8104.061
Level VII- Adv. Skills	5:00-5:30 PM	8101.071	8102.071	8103.071	8104.071
Competitive Swim	6:10-7:15 PM	8101.123	8102.123	8103.123	8104.123
Junior Lifeguarding	6:10-6:55 PM		8102.115		

Free Friday Late Night Swim for Teens -Friday 7:30- 9:00 PM



Special Events

Junior Lifeguard Games

-The third annual City Wide Aquatics Jr. Lifeguard Games will be held at the Camden Pool on Sunday, July 27th from 9:30 AM to 11:30 AM. All participants of the Jr. Lifeguard program are invited to show off their skills with events such as the "victim carry" and "brick carry". More information is available at each pool site, please see your Pool Manager.



• Competitive Swimming Meet

A hit with the participants last year, we are proud to offer a competitive swim meet at the Camden Pool on Sunday, August 24th. Time TBA. Call for more information (408)371-2888



LATE NIGHT GYM PROGRAM

Basketball, Volleyball, Badminton, and other activities

June 20 – August 16, 2003 (closed on July 3 & 4)

Alviso Community Center

5050 North 1st Street Fridays 6 – 10pm

Andrew Hill High School

3200 Senter Road Saturdays 6 – 10pm

Bret Harte Middle School

7050 Bret Harte Drive Fridays 6 – 10pm

Camden Community Center

3369 Union Avenue Fridays 9 – 11pm

James Lick High School

57 North White Road Saturdays 5 – 9pm

Moreland West Community Center

1850 Fallbrook Avenue Fridays 6 – 9:30pm

Overfelt High School

1835 Cunningham Avenue Fridays 5:50 – 9:30 pm

Piedmont Hills High School

1377 Piedmont Road Fridays 6 – 10pm

San Jose High Academy

275 North 24th Street Fridays 6 – 10pm

Santa Teresa High School

6150 Snell Road Fridays 6 – 10pm

Silver Creek High School

3434 Silver Creek Road Saturdays 5 – 9 pm

For more information call (408) 369-6435

Have your party with us!

City-owned swimming pools are available for rentals at selected times. Please contact the Pool Manager for more information.

Come work with us!

City Wide Aquatics employs 150 Lifeguards and Swim Instructors every summer. For more information call (408) 371-2888

Public Notices

- **Refund Policy:** The City of San José Department of Parks, Recreation and Neighborhood Services is constantly striving to provide the residents of San Jose with high quality recreation classes. We guarantee that you will be satisfied with the recreation classes in which you participate. If you are not completely satisfied after two class meetings, tell us before the third class meeting and we will refund your registration in full. Refunds generally take 6-8 weeks to be processed after they are requested and will be mailed to the address on the participants' registration form. All requests for refunds must be submitted **no later than Friday, August 12, 2003**. Due to our fiscal procedures, refunds cannot be granted after this date.
- Anti-Discrimination Policy: It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination or harassment on the basis of race, color, religion, sex, national origin, ancestry, physical or mental disability, age, sexual orientation, gender identity, marital status, medical condition (cancer related, AIDS, HIV) or other non-merit factors. It is also the City's policy to afford people with disabilities access to City services, programs and facilities.
- Staement on Inclusion: The City of San José encourages and supports the participation of individuals of all abilities in programs and services. To facilitate opportunities for people with and without disabilities to engage in leisure pursuits together, the Department of Parks, Recreation, and Neighborhood Services provides inclusion support services. These services include, but are not limited to, interpreters for the deaf or hearing impaired, improved signage, activity modification, additional staff training, accessible equipment and facility features, and additional support staff. To ensure the requested accommodation, please notify the specific facility where the program is provided at least two weeks in advance.
- Alternate Formats: This publication can be made available upon request in alternate formats such as Braille, large print, audio tape or computer disk. Requests can be made by calling (408) 371-2888.
- Statement on Recreation Purpose: The City of San José Department of Parks, Recreation and Neighborhood Services provides recreational programs and not licensed childcare.

Frequently Asked Questions

- * Are the pools ever closed during the summer? Yes, for a few reasons: a) unsafe chemical levels, b) unsafe pH balance, c) mechanical breakdowns, d)if there are less than15 swimmers in the pool during recreation swim, or e) if there is thunder and lightning. The pool manager determines whether or not it is safe for the pool to be open. Lessons will be made up on another date if this occurs.
- ❖ Does the pool close if it starts raining? Generally, no. We will continue to hold swim lessons unless the Pool Manager hears thunder or sees lightning. We will continue to hold recreation swim if a substantial number of patrons stay in the pool. However, if there are only a few pool users during inclement weather, the Pool Manager may close the facility early.
- If my child misses a swim lesson because he is sick or she is out of town, can they have a make-up class? Unfortunately, we are not able to offer make-up lessons within our class structure.
- ♦ How warm are the pools? All of the facilities in San Jose are outdoor pools. They are heated to approximately 80 82 degrees. Although the outside air temperature may make it seem cooler, the pool temperature is consistently maintained regardless of the weather.
- * What if I am not happy with the program? Please let the Pool Manager know right away. The Manager will try to work with you to resolve the concern. Also, the City of San Jose has a "Satisfaction Guaranteed" policy. This means that you can request a refund of your class fees prior to the third class meeting if you are unsatisfied with the program for whatever reason. Just request a refund from the Pool Manager. Note important refund information on page 21.
- ♦ How old do children have to be to swim by themselves at Recreation Swim? Children under age 6 and under the pool's minimum height requirement must be accompanied into the pool by an adult. Children age 6 and older may enter the pool by themselves; however, we strongly advise that all parents closely monitor their child's activities in the pool, regardless of the child's age. This is especially true for beginning swimmers.

- * What level do I register my child for? Read the class descriptions on pages 5 and 6 and put your child in the class that sounds most like his or her level. We'll test each child on the first day and then place them according to their level. We do not test the more advanced swimmers. If you feel that your child is in the wrong class, please let the Pool Manager know so he or she can test your child for the proper level and placement.
- * What if I registered my child for the wrong level? We will try to find an open class in the right level for your child. However, this may require that you switch times or switch locations. We will work with you to try and find the best solution for you and your child.
- * What if my child passes Level III and I have registered him or her for the whole summer in that level? Please let the Pool Manager know before you leave the pool that day. The Manager will work with you to find a class to transfer your child. However, transfers are not automatic. You must initiate it with the Pool Manager. In the event that we cannot find a suitable class for your child, he or she can either take the class that she is registered for again, or you may request a refund. Note important refund information on page 21.
- ❖ Are there facilities available for my children to change in? Yes, all of our pools have locker rooms available for use during operating hours.
- How I know if my child has passed the level that he/she was in? At the end of the session your child's instructor will present a progress card to your child. If your child passed, the card will say that your child should be in the next level
- ❖ Is it possible for me to remain with my child during the lesson? Yes, it is suggested that you remain at the pool during your child's lesson. However there are designated areasthat we ask for you to watch from while your child is in the lesson. This area is designated by the pool manager. It is important for you to stay in this area to minimize the distraction to the classes.

Still Have Questions????

Call your desired pool (a complete list of pool telephone numbers is on page 5), or call the City Wide Aquatics Office at (408) 371-2888.

Class Registration Information

First priority-Mail-in/fax in registration May 19 through May 30, 2003 **Second priority** -Pre-season walk in registration June 19 and June 20 **Third priority**-Additional walk-in registration June 30 through Aug 12

• Mail-in/fax-in registration May 19 through May 30.

Mail form and fee to: City Wide Aquatics, 3369 Union Ave., Ste 119,

San Jose, CA 95124-2033

Fax to: (408) 559-6674

Important note**Mail postmarked before or after the above dates will be returned. For confirmation of your registration, please enclose a self-addressed, stamped envelope. Pay by **credit card** (Visa, Mastercard or Discover), check, or money order. Many classes will fill during this period especially at popular pool sites.

- Pre-season walk-in registration will be held June 19 and June 20, from 4:00 PM 7:00 PM at the pool you wish to attend. Pay by cash, check, or money order (we are unable to accept credit cards at walk-in).
- Additional walk-in registration for classes with space remaining will be accepted throughout the season at the pool you wish to attend during normal pool operating hours. Pay by cash, check, or money order (we are unable to accept credit cards at walk-in).
- Please note: Due to the high volume of registration forms processed each season, registration forms with excessive errors will be returned unprocessed.
- In the instance that one of the classes listed on the form is closed or full, the complete registration will be returned by mail. At this time, the registrant may complete the registration form again and re submit it.
- Participants may register for more than one session.
- To minimize any potential registration discrepancies, please bring your confirmation on the first day of lessons.
- Class fees will not be prorated for partial attendance.
- Programs offered by the City of San Jose are not licensed day care programs and are offered as recreation and leisure programs only.
- The City of San José will charge a \$30.00 processing fee for all checks returned by the maker's bank.
- Please see page 20 for the City of San Josés' Refund Policy.
- July 4th Holiday: City pools (Biebrach, Camden, Fair, Mayfair & Ryland) will be open for Recreational Swim only. Swim Lessons will not be held on the holiday. All school pools will be closed for the holiday.

2003 Registration Form

Mail-in Registration dates: May 19 - May 30

Mail form and fee to: City Wide Aquatics, 3369 Union Ave., Ste 119, San José, CA 95124-2033 Fax to: 559-6674

Payer's Nan	ne			Home Phon	е			
Address								
City & Zip C	ode			Day Phone	Day Phone			
Emergency	Contact (other	than above)						
Relationship				Phone	Phone			
Code	Pool Choice	Time Slot	Dates	Class Name/ Level	Participant's Name	Height/ Age	Fee	
Example:								
1111.111	Camden	5:10pm	7/12-7/28	Level III	John Doe	58"/7	\$30	
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mail-in registration period. Credit cards cannot be accepted at the pool sites.

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(Off of McLaughlin between Story & Tully Roads)

For more information call (408) 282-1663

See page 12 for detailed information on Fair Swim Center